

UWTA **Bay Area** **Regional** **TAEKWONDO** **Tournament**

Saturday
May 9th
2026



Tournament Schedule

8am Judges Meeting

9am Weapons, Pairs Poomsae

10am 10 & Under Poomsae, Point Sparring, Rapid Kicks, Combat Weapons

11:30am 15 & Above Poomsae, Point Sparring, Rapid Kick, Combat Weapons

12pm Opening Ceremony

12:30pm 11-14 Poomsae, Point Sparring, Rapid Kick, Combat Weapons

2pm Tag Team Sparring

**AMERICAN CANYON
MIDDLE SCHOOL**

**300 BENTON WAY
AMERICAN CANYON, CA**

FOR MORE INFORMATION CALL (707) 552-9710

Register now www.uwta.org