

DISCIPLINE
BUILDS
PEOPLE
BETTER
TOMORROW

RESPECT
FOCUS
CONFIDENCE
CHARACTER

TAEKWONDO
BUILDS
A STRONGER
TOMORROW

MORE
THAN A
TOURNAMENT
A STRONGER
COMMUNITY

32nd

ANNUAL

GOODWILL TAEKWONDO CHAMPIONSHIP

COMPETE ★ GROW ★ GIVE BACK



SATURDAY

DECEMBER 5, 2026

SCHEDULE OF EVENTS

8:00 AM

REFEREE MEETING

9:00 AM

ALL BELTS

Weapons, Combat Weapons, Pairs Poomsae, Tag Team, Kombat Taekwondo

10:00 AM

15 & OVER BLACK BELTS & BLACK BELT CANDIDATES

Poomsae/Kata, Sparring, Rapid Kick, Board Breaking

11:00 AM

14 & UNDER BLACK BELTS & BLACK BELT CANDIDATES

Poomsae/Kata, Sparring, Rapid Kick, Board Breaking

2:00 PM

ALL COLOR BELTS

Poomsae/Kata, Sparring, Rapid Kick, Board Breaking



REGISTER TODAY!



POOMSAE
KATA



SPARRING



BOARD
BREAKING



RAPID
KICK



WEAPONS
COMBAT WEAPONS



PAIRS
POOMSAE



TAG TEAM



KOMBAT
TAEKWONDO



LOCATION:

American River College

4700 College Oak Blvd, Sacramento, CA 95841
(Inside Hutchinson Gym)



1st, 2nd, 3rd Place Awards
In All Divisions

FOR MORE INFORMATION

CALL OR TEXT: 916-288-9830

TAEKWONDO BUILDS A STRONGER TOMORROW